

# Hendersonville Soccer Club

## Rules of Play

Rules of Play	U5	U6	U7	U8	U10	U12	U15/16	U19
Game Minutes	32	32	32	40	50	60	70	70
Breaks	Rotate every 3-5 min	Rotate every 3-5 min	Qtr	Qtr	Half	Half	Half	Half
Referees	na	na	1	1	1 or 1 plus 2 assistants	1 plus 2 assistants	1 plus 2 assistants	1 plus 2 assistants
Game Ball Size	3	3	3	3	4	4	5	5
Game Format	4v4, 3v3, 2v2	4v4, 3v3, 2v2	4 v 4	4 v 4	7 v 7, 8 v 8	9 v 9, 10 v 10	11 v 11	11 v 11
Goalie	No	No	No	No	Yes	Yes	Yes	Yes
Goalie Change	N/A	N/A	N/A	N/A	minimum at Half	minimum at Half	Optional	Optional
Goal Kicks	No (Ball is Kept in Play)	No (Ball is Kept in Play)	Yes (defending team behind mid field line)	Yes (defending team behind mid field line)	Yes (defending team behind build out line)	Yes (defending team outside penalty area)	Yes (defending team outside penalty area)	Yes (defending team outside penalty area)
Dead Ball when Hitting Official	NO	NO	NO	NO	Yes Drop Ball	Yes Drop Ball	Yes Drop Ball	Yes Drop Ball
Throw-Ins	Parents/Coaches	Parents/Coaches	Rethrow OK	Rethrow OK	No Rethrow	No Rethrow	No Rethrow	No Rethrow
Corner Kicks	No (Ball is Kept in Play)	No (Ball is Kept in Play)	Yes	Yes	Yes	Yes	Yes	Yes
Offside Penalty	No	No	No	No	Yes (between buildout line and goal line)	Yes	Yes	Yes
Heading	No	No	No	No	No	No	Yes	Yes
Fouls	Ball is Kept in Play	Ball is Kept in Play	Indirect	Indirect	Direct/Indirect	Direct/Indirect	Direct/Indirect	Direct/Indirect
Kick Distance	N/A	N/A	8 yds	8 yds	8 yds	10 yds	10 yds	10 yds
Penalty Kicks	No	No	No	No	Yes	Yes	Yes	Yes
Punting	No	No	No	No	No	Yes	Yes	Yes
Field Coaching	Yes	Yes	No	No	No	No	No	No
Substitutions	Free	Free	Free during any game stoppage with referee approval	Free during any game stoppage with referee approval	Free during any game stoppage with referee approval	Limited: goal kicks, own throw in's (both teams allowed if the team throwing the ball in has a substitution), scores or injuries with referee approval)	Limited: goal kicks, own throw in's (both teams allowed if the team throwing the ball in has a substitution), scores or injuries with referee approval)	Limited: goal kicks, own throw in's (both teams allowed if the team throwing the ball in has a substitution), scores or injuries with referee approval)
Slide Tackling	No	No	No	No	No (Caution)	No (Caution)	No (Caution)	No (Caution)
Goal Area	N/A	N/A	5 yd from goal / 6 yd out	5 yd from goal / 6yd out	24 yd x 12 yd	32 yd x 14 yd	Full	Full
Play Down	N/A	N/A	N/A	N/A	Each team plays equal amount of players with minimum 1 sub	Each team plays equal amount of players with minimum 1 sub	Each team plays equal amount of players with minimum 1 sub	Each team plays equal amount of players with min 1 sub. If no female player on field, you must play down 1 player.
Season Tournament	No	No	No	No	Yes	Yes	Yes	Yes

All items of jewelry (necklaces, rings, bracelets, leather bands, rubber bands, etc.) are forbidden and must be removed. Using tape to cover jewelry is not permitted.

Earrings - silicone tunnels without ends are deemed safe. HSC has them in meeting room. Earrings without silicone tunnels are NOT ALLOWED.

Casts are acceptable in US Soccer as long as they are safe. No sharp edges. Center official will determine if the cast is safe.

Minimum # Players to avoid forfeit: 11 v 11 = 7, 9 v 9 = 6, 7 v 7 = 5, if forfeit divide up teams and play game

Spectators must remain on opposite side of field from coaches and players, 2 yards from touchline, no spectators behind goals or goal lines

Coaches: no more than 2 coaches allowed and must remain on players side, may not pass mid field, no coaches behind goals or goal lines